

Caldwell Medical Associates
Caldwell Cardiology
100 Medical Center Drive
Princeton, KY 42445

DOBUTAMINE Cardiac Stress Test

PATIENT INSTRUCTIONS

Appointment day and time: _____

Your physician has ordered you to have a Cardiac Stress Test. Please follow these instructions for the best experience and to ensure you do not have difficulties with the procedures.

1. You will be called before your scheduled test for information. We will confirm your time to arrive for your procedure at this time.
2. When you arrive at the hospital, check in at the front desk. Please present for your appointment 15 minutes early for paperwork and registration.
3. You must have someone drive you to the appointment and take you home.
4. You may eat a light breakfast. (one egg & one piece of toast, or one bowl of cereal or oatmeal)
5. DO NOT eat or drink anything that contains caffeine 12 hours before your test.
 - This includes coffee (decaf has caffeine also), chocolate, and colored sodas.
6. Bring a list of all the medications you are presently taking with you the day of your test. We will need name of medication, dosage, and the last time you took each medication.
 - **Take all your medications before your procedure unless instructed otherwise.**
 - **DO NOT take medications for Erectile Dysfunction (ED) 72 hours (3 days) prior to or after test.**
 - **This includes (but not limited to): Viagra, Levitra, Cialis**
 - **If you have Asthma or COPD, bring your inhalers with you to the appointment.**
7. DO NOT smoke twelve (12) hours before your appointment.
8. Wear loose, comfortable clothing with a shirt that has short sleeves & preferably with buttons down the front.
9. If you have Glaucoma or have had a recent heart attack, let the Cardiology staff know as soon as possible.
10. Due to the high cost of medications for these procedures, **you must call 24 hours in advance to cancel an appointment.** If cancelation is not 24 hours in advance, you may be billed for the cost of the medication. Please call as soon as you are aware that you will not be able to keep your appointment.

- Cardiology Receptionist/Scheduling (270) 365-0308
- Cardiology Coordinator (270) 365-0350
- Cardiology Manager (270) 365-0306